USE THIS CHECKLIST TO JOURNAL YOUR RESPONSES OR DISCUSS WITH YOUR STAFF THROUGHOUT THE SEASON
*ADD OR SUBTRACT QUESTIONS AS YOU SEE FIT

1. BEFORE THE SEASON BEGINS
   - What are your goals for the team this season?
   - What are your personal goals for this season?
   - What risks or issues do you foresee this season?
   - How do you hope to address or eliminate those issues?
   - What do you hope to learn this season?

2. THOUGHOUT THE SEASON
   - Reflect daily on your lesson/practice plans
   - Utilize the Reflection section in your practice plan template

3. MIDWAY THROUGH THE SEASON
   - Do you like how your team is functioning currently?
   - What is working well?
   - What is not working well?
   - Are you on track to meet your goals this season (team, staff, personal)?
   - If not, what do you need to change moving forward?

4. END OF THE SEASON
   - What lessons have you learned this season?
   - What worked well?
   - What did not work well?
   - Did you meet your goals this season (team, staff, personal)?
   - What, if anything, will you do differently next season?
   - Make sure to include your staff in this end of season debrief as well!