Program Evaluation Template

*Tailor this evaluation to meet the needs of your team’s goals and the person you are asking to fill out this form. These are just examples you can use to evaluate your program.*

(Athlete, Coach, or Staff Member) Information

<table>
<thead>
<tr>
<th>Name (optional)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team (if working with multiple)</td>
</tr>
<tr>
<td>Year(s) with (Organization)</td>
</tr>
</tbody>
</table>

Overall Experience

Please use the scale below for questions with numerical ratings:

<table>
<thead>
<tr>
<th>5=Excellent</th>
<th>4=Very Good</th>
<th>3=Average</th>
<th>2=Below Average</th>
<th>1=Poor</th>
<th>N/A=Do Not Know</th>
</tr>
</thead>
</table>

1. Rate your experience in general with (TEAM/ORGANIZATION NAME HERE):

<table>
<thead>
<tr>
<th>5 4 3 2 1 N/A</th>
</tr>
</thead>
</table>

2. Rate the following areas for your specific team:

   - Athletic Facilities (i.e. gym, stadium, court, track, field)

3. Practice Schedules
4. Competition Schedules
5. Team Travel
6. Education

Comments about any areas above:

Coaching Staff

3. ☐ Yes ☐ No Are you treated with respect by coaches and support staff?
   If "no," please explain

4. ☐ Yes ☐ No Is your coaching staff’s behavior professional and respectful towards you?

5. ☐ Yes ☐ No Does the coaching staff clearly define expectations required from you as an athlete?

6. ☐ Yes ☐ No Are the expectations realistic?

7. ☐ Yes ☐ No Do you believe your coaches shows favoritism?
8. □ Yes □ No Does the coaching staff encourage the development of mental skills to assist you in your sport?

9. □ Yes □ No Do you feel that you have improved in your athletic performance under the leadership of the coaching staff?
   If "yes," how much? □ High □ Average □ Minimal

10. □ Yes □ No Do you believe the coaching staff has prepared you to be successful in life after sport?
    If "yes," in what way?

11. □ Yes □ No Are practices well organized?
    If "no," please explain

12. □ Yes □ No Are your road trips well organized?
    If "no," what are the weak areas?

13. □ Yes □ No Do you believe that the head coach is concerned about your health/injuries and physical wellbeing?
    If "no," please explain:

14. Are you subject to coaching techniques that involve the following:
   A. Physical abuse:
      □ Often
      □ Sometimes
      □ Never
      Please explain

   B. Verbal abuse
      □ Often
      □ Sometimes
      □ Never
      Please explain
C. Mental abuse
☐ Often
☐ Sometimes
☐ Never
Please explain

15. What do you believe are the strengths of the coaching staff?

16. What do you believe are the weaknesses of the coaching staff?

Goal Specific

17. ☐ Yes ☐ No Were the team’s goals communicated to you throughout the season?

18. ☐ Yes ☐ No Based on the goals we set for the year, do you believe we met them?

19. ☐ Yes ☐ No If not, what do you think we could have done differently?

Use this space for any comments you would like to make regarding any of the above questions or your experience with (TEAM/ORGANIZATION NAME HERE).