



## 2021 National President's Cup Judo Championships

For Seniors, Veterans, Brown Belt, Senior Novice, Visually Impaired, Junior and Junior Novice

Held under the Sanction of USA Judo (United States Judo, Inc.)

**November 21, 2021**

Nearest Airport:	Dallas/Ft. Worth (DFW)
Tournament Headquarters:	Marriott Dallas Las Colinas 223 W. Las Colinas Blvd. Irving, Texas 75039
Competition Site:	Irving Convention Center 500 West Las Colinas Blvd. Irving, Texas 75039
Check-in and Registration:	Friday, November 19
Weigh-in:	Friday November 19 (see schedule of events)
Competition: Sunday November 21	All Categories
Tournament Contact:	Corinne Shigemoto 719-201-6176 <a href="mailto:Corinne.shigemoto@usajudo.us">Corinne.shigemoto@usajudo.us</a> <a href="http://www.usjudo.org">www.usjudo.org</a>
Referees Meeting:	Friday- November 19
Assembly/ Coaches Meeting	Friday - November 19
Draw	Saturday- November 20
Chief Referee	David Smith

# **SCHEDULE OF EVENTS**

## **Friday, November 19**

### **Marriott Dallas Las Colinas**

9:00am-5:00pm

USA Judo Committee Meetings  
Dallas Meeting Room

4:00pm-8:00pm

Registration/Check In  
Carrolton Meeting Room

4:00pm-8:00pm

Official Weigh In for all categories  
Male-Williams Kit  
Female-San Antonio

**WEIGH IN CLOSES AT 8:00PM SHARP FOR ALL CATEGORIES. Once you have declared a weight, you must make that weight. You will not be allowed to “move up/down”. Weight categories can be changed during the registration/check in process prior to stepping on the official scale.**

5:00pm-6:00pm

Referee Meeting  
Hudson Meeting Room

6:00pm-7:00pm

Referee Testing  
Hudson Meeting Room

7:00pm-8:00pm

Coach Meeting/USA Judo Assembly  
Merchant/Planters Meeting Room

## **Saturday, November 20**

### **Irving Convention Center**

10:00am-12:00pm

Preliminary list of athletes posted for review

12:00pm

Meeting for Veteran, Brown Belt and Novice Categories  
Meeting Room 1&2

4:00pm (approx.)

Draw to be posted

## **Sunday, November 21**

### **Irving Convention Center**

8:00am

Welcome

8:15am

Competition Start

Awards will be presented periodically throughout the competition as categories are completed

The Tournament Committee reserves the right to make all final decisions regarding this event

## **COVID PROTOCOLS**

**UPDATED 10/12/2021:** USA Judo will be following the jurisdictional COVID-19 guidelines provided by the local/state health department and/or appropriate government entities (<https://www.dshs.texas.gov/coronavirus/opentexas.aspx>). As such, neither COVID testing or COVID vaccinations will be required for these Championships. We do, however, recommend that you wear a mask, social distance and use hand sanitizer/wipes during the activities in Irving.

USA Judo asks any individuals who have a fever and/or experiencing COVID-like symptoms to NOT attend the President's Cup.

Mats will be cleaned approximately every hour.

Any international competitors from outside the United States will need to follow COVID-19 Testing and other protocols as required by the US State Department/CDC

## **REGISTRATION, ENTRY FEES, TOURNAMENT CHECK-IN**

Due Date	1st & 2nd category each	3rd, 4th & 5th category each	Open category Only*
Online by 10/21/2021	\$85.00	\$55.00	\$50.00
Online 10/22/21 - 11/12/2021	\$100.00	\$70.00	\$60.00
Walk Up Registration	\$150.00	\$100.00	\$90.00

- \*Open division price above is if open is second division entered. If entered as first division, then full fees apply.
- All registration must be completed online. No mail in registration.
- Athlete's date of birth, citizenship and rank, if applicable, must be verified in the database prior to using the online event registration system. Send a copy of athlete's birth certificate/passport and rank certificate to [austin.leath@usajudo.us](mailto:austin.leath@usajudo.us). Verifications will only be processed during normal business hours, Monday through Friday 8:00am-4:00pm MT.
- Entry into additional categories must be for the same athlete
- Athletes may also register during event check in. You will be considered a "walk up" at that time.
- Entry fees are non-refundable and nontransferable
- Absolutely no entries will be accepted after 8:00pm Friday November 19.
- Entry fee is waived for defending Champion in Senior (point) Category if competing in same weight in which won. Email [corinne.shigemoto@usajudo.us](mailto:corinne.shigemoto@usajudo.us) for waiver information. Entries must be received by the national office by 10/21/2021 to receive complimentary entry.

## **CHAMPIONSHIP HEADQUARTERS**

The host hotel will be the Marriott Dallas Las Colinas 223 West Las Colinas Blvd. Irving, TX 75039. The room block has been met and rooms are no longer available at the Marriott Dallas Las Colinas.

Overflow Hotel Property: Holiday Inn Irving-Las Colinas 10 West John Carpenter Freeway Irving, Texas, 75039. The rates are \$109.99, plus tax. Reservations must be made by October 29, 2021. Click here to book: [Judo Group Block 2021](#)

## **TRANSPORTATION**

Ground transportation will not be provided. The venue and Marriott Hotel are within walking distance.

Air Transportation: The nearest airport – Dallas/Ft. Worth (DFW) – is located approximately 15 minutes from the host hotel. Transportation is not provided

## **COACH INFORMATION**

All coaches must adhere to the following dress code during this event. Failure to adhere will be grounds for removal of coaching credentials.

Acceptable apparel: national or club team track suit (sweatsuit) with polo shirt; business casual attire, dress jeans (no holes or markings); button down shirts or polo shirts. Dress shoes, sneakers (tennis shoes). Forbidden apparel: flip flops, sandals, shorts, tee-shirts, hats, head coverings.

Coaches must be current USA Judo Certified, USJF Certified or USJA Certified Coaches to receive coaching credentials at this event. Credentials will be issued at the coaches meeting.

All coaches must register for the event through the event online entry system to receive wristbands. There is no charge for registering. Log into your USA Judo profile and click on Events to register.

NOTE: Only one coach is allowed to coach mat side inside the barricade. Coaches who fail to comply this rule may lose their coach wristband for the day and may be removed from the venue.

## **REFEREE EVENT REGISTRATION**

All referees must first register on the USA Judo Referee Information website, judoreferee.com. Once confirmed by the Commission you must then register on the event website.

Log into your USA Judo membership profile and click on Events. Select the event and follow prompts to register. There is no cost to register.

If you do not register or are not confirmed through the judoreferee.com site, but do register on the event platform, you may not be allowed to participate in the event and USA Judo will not be responsible for any expenses associated with your travel/stay to the event.

## **ELIGIBILITY**

Contestants may compete if they meet the following eligibility requirements and there is no conflict regarding weigh-in and competition schedules.

All participants, regardless of category entered must be a member in good standing with USA Judo.

Senior Elite category athletes must be U.S. Citizens except for open weight. All other categories will allow non-US Citizens to compete with proof of Green Card, VISA, etc. Athletes from other countries must provide an approval letter from their IJF recognized federation.

Senior Category:

- Must have been born December 31, 2006, or earlier.
- Minimum rank of senior sankyu

Visually Impaired Category: Participants in the visually impaired competition must be:

- Must have been born December 31, 2006, or earlier.

Must have been classified as visually impaired at an IBSA or IPC event in the past 10 years or provide a letter from an optometrist or ophthalmologist verifying visual acuity. All VI athletes will compete together.

**Veterans Category:**

- Must have been born in 1991 or earlier
- Minimum rank of senior sankyu

**Brown Belt Category:**

- No dan ranks allowed. Waiver must be signed by USA Judo Certified Coach (minimum rank of shodan) for any non-brown belt to compete in this category
- Must have verified/proof of rank through USA Judo, USJF or USJA
- Brown Belt categories are not pointable towards USA Judo junior or senior point rosters.

**Senior Novice Category:**

- Below the rank of senior sankyu (brown belt) and not listed on a national elite roster
- Must have been born December 31, 2006, or earlier.
- The novice categories are not pointable towards USA Judo junior or senior point rosters.

**Junior Categories:**

- Must have been born between 2001 and 2016 inclusively.
- No minimum rank requirement.
- Junior categories are pointable towards USA Judo junior rosters.

**Junior Novice Categories:**

- Must have been born between 2001 and 2016 inclusively.
- White, yellow, and orange belts only. Ranks must be verified in the USA Judo database.
- Junior Novice categories are NOT pointable divisions towards USA Judo junior point roster.

Points will only be awarded in those categories for athletes that meet the criteria as outlined in the respective point classification systems found at [www.usjudo.org](http://www.usjudo.org).

### JUNIOR AGE CATEGORIES OF COMPETITION AND WEIGHT DIVISIONS

THIS ANNOUNCEMENT applies to all Regular Bantam 1, Bantam 2, Bantam 3, Intermediate and Juvenile athletes who are in the last year of eligibility in their current age bracket. It does not apply to novice junior categories. It applies to ALL Junior point events (except novice junior categories) that are held from July 1 to December 31 of each year: Any Junior athlete, who is in the last year of eligibility to compete in his/her current age bracket, may CHOOSE to enter USA Judo point events in the next age bracket. The athlete will need to choose ONE age bracket for each point event in the second half of each applicable year.

The athlete who chooses to compete in the higher age bracket may begin to accumulate points at the new age beginning July 1 of each year, BUT he/she will not be able to use those points until January 1 of the year that actually ages them into the new division. The athlete will NOT be able to compete in his/her "old" age bracket and the "new" one at the same event.

For each weight division, the weight range will be over the next lower weight and up to and including the weight listed. Example: Bantam 1, 28 kg – over 23 kg and up to and including 28 kg. The following age/weight categories will be in use for this year's event (2021):

## CATEGORIES ARE BASED ON SOLELY ON YEAR OF BIRTH

### REGULAR JUNIOR CATEGORIES:

Bantam 1 (Born 2015-2016): Female and Male: 23, +23 kg	JUVENILE (Born 2007-2009): Female and Male: 36, 40, 44, 48, 53, 58, 64, +64 kg
Bantam 2 (Born 2013-2015): Female and Male: 23, 27, 31, 35, +35 kg	CADET (Born 2004-2007): Female: 40, 44, 48, 52, 57, 63, 70, +70 kg Male: 50, 55, 60, 66, 73, 81, 90, +90 kg
Bantam 3 (Born 2011-2013) Female: 27, 32, 37, +37 kg Male: 25, 30, 36, 42, +42kg	IJF-Junior (Born 2001-2006): Female: 48, 52, 57, 63, 70, 78, +78 kg, Open Male: 60, 66, 73, 81, 90, 100, +100 kg, Open
INTERMEDIATE (Born 2009-2011): Female and Male: 28, 31, 34, 38, 42, 47, 52, +52kg	

### NOVICE JUNIOR CATEGORIES:

Bantam 1 (Born 2015-2016): Female and Male: 23, +23 kg	JUVENILE (Born 2007-2008): Female and Male: 36, 40, 44, 48, 53, 58, 64, +64 kg
Bantam 2 (Born 2013-2014): Female and Male: 23, 27, 31, 35, +35 kg	CADET (Born 2004-2006): Female: 40, 44, 48, 52, 57, 63, 70, +70 kg Male: 50, 55, 60, 66, 73, 81, 90, +90 kg
Bantam 3 (Born 2011-2012) Female: 27, 32, 37, +37 kg Male: 25, 30, 36, 42, +42kg	IJF-Junior (Born 2001-2006): Female: 48, 52, 57, 63, 70, 78, +78 kg, Open Male: 60, 66, 73, 81, 90, 100, +100 kg, Open
INTERMEDIATE (Born 2009-2010): Female and Male: 28, 31, 34, 38, 42, 47, 52, +52kg	

Regular Juvenile athletes who have obtained appropriate Age Waiver may also enter the IJF Jr divisions (see <http://www.teamusa.org/USA-Judo/Athletes/Juniors/USA-Judo-Age-Waiver-Information>). Waiver applications MUST reach Jim Hrbek via email (judolym@aol.com) by October 25.

The Tournament Committee reserves the right to make changes in the highest and lowest weight classes in all age divisions. When such adjustments are made, only the highest weight sub-category will be pointable and each person must be advised that he or she may elect to fight in the pointable division.

### VETERAN AGE CATEGORIES

Category is determined by year of birth. Minimum year of birth is 1991

Age from	Age to	YOB from	YOB to	Female	Male
30	34	1991	1987	F1	M1
35	39	1986	1982	F2	M2
40	44	1981	1977	F3	M3
45	49	1976	1972	F4	M4
50	54	1971	1967	F5	M5
55	59	1966	1962	F6	M6
60	64	1961	1957	F7	M7
65	69	1956	1952	F8	M8
70	74	1951	1947	F9	M9
75	79	1946	1942	F10	M10
80	+	1941		F11	M11

## WEIGHT DIVISIONS FOR SHIAI CATEGORIES

Senior, Brown Belt, Novice and Veterans:

Male: 60kg, 66kg, 73kg, 81kg, 90kg, 100kg, +100kg, open\*

Female: 48kg, 52kg, 57kg, 63kg, 70kg, 78kg, +78kg, open\*

Visually Impaired:

Male: 60kg, 66kg, 73kg, 81kg, 90kg, 100kg, +100kg

Female: 48kg, 52kg, 57kg, 63kg, 70kg, +70kg

For each weight division, the weight range will be over the next lower weight and up to and including the weight listed. Example: 66 kg – over 60kg kg and up to and including 66.0 kg.

Only one weight per category is allowed with the exception of categories offering Open weight. Open weight can be selected as second weight within the category.

### CHECK IN

Check in ONLY, if you have a change to your weight or category. Please proceed directly to weigh-in if you have no changes. **No changes will be accepted or made at weigh-in.**

### EXHIBITION MATCHES

Exhibition matches may be offered for those athletes who are uncontested in their true age/weight category. Only those athletes who are uncontested may request an exhibition match. All efforts will be made to find one or two athletes within appropriate age/weight willing to participate. No points or medals will be awarded for exhibition matches. Request for exhibition matches must be made to the event director no later than 10am on the day that their uncontested category was scheduled. Blue and white gi's will still be required.

### CREDENTIALS

Pre-registered athletes can pick up their credentials during the weigh in process. All others at registration.

### CLUB AFFILIATION

Only current USA Judo clubs will be listed with athletes' event registration. Club changes/additions will not be accepted after 8:00pm ct on Friday November 19. Non-USA Judo clubs WILL NOT be affiliated with a registered athlete. Club affiliation is not required to compete in these championships.

### WEIGH IN

A calibrated practice scale will be available prior to, and during, the weigh-in periods. However, in no case will contestants be allowed on the Official Scale during Official Weigh-in for the purpose of checking weight. Contestants may check weight as many times as desired prior to the official weigh-in on the official scale. A contestant is given only one chance on the official scale during official weigh-in. Open division contestants do not need to weigh in. **At weigh in, Senior Elite, IJF and Cadet categories must present a government issued photo ID.** Photo ID not required for all other categories.

Naked weigh in is not allowed for any age/weight category. To compensate, 0.1kg will be allowed. For example, in the 44kg category the limit will be 44.1kg. This is a clothing allowance only and the 0.1kg will only be added to the true weight.

NOTE: Athletes must declare a weight and make that weight during official weigh in. Weight category can be changed during the check in/registration process. Failure to make declared weight will eliminate the athlete from competition, with the exception of Open weight category if applicable. Athlete WILL NOT be moved to another weight category if declared weight category is missed.

### **CONFIRMATION OF CATEGORIES**

\*\*\* MANDATORY\*\*\*

A preliminary list of athletes by category/weight will be posted at the Irving Convention Center on Saturday November 20 at approximately 10:00am CT. Athletes/coaches/representative for the athlete is required to check the list to ensure the athlete is in the correct category/weight.

Any corrections should be reported immediately to staff but no later than 12:00pm CT. A change form will be provided to record the correction. Changes/corrections WILL NOT be accepted after (12:00pm CT).

Corrections will be processed then the draw will be run. Draw brackets and fight sheets will be posted online at [www.usjudo.org](http://www.usjudo.org).

A representative for each athlete must review the posted preliminary list to ensure the athlete is in the correct category. Failure to confirm or make changes/corrections during the Confirmation of Categories period may result in the athlete NOT COMPETING IN THESE CHAMPIONSHIPS.

### **DRAW**

All draws will be conducted using USA Judo approved software. See Rules and Method of Competition for all seeding information. With the exception of seeding, the draw will be random. Once the draw is complete, there will be no changes.

If two or more athletes fail to make weight or report to weigh-ins in the same category, the division may be redrawn.

### **RULES AND METHOD OF COMPETITION**

The Championships will be conducted in accordance with the 2020 Contest Rules, Organization Code and Sporting Code of the International Judo Federation, as revised for the USA JUDO National Presidents Cup Championships.

Injury Rule: The following rule was approved by the Board of Directors of USA Judo on October 22, 1998: Decisions as to whether an athlete may continue if injured while on the mat, are to be resolved in accordance with IJF rules; such decisions occurring off the mat or not covered by the IJF rules, are to be made by the coach, the athlete, and the Team Doctor. If there is not a unanimous opinion among these three individuals, the athlete may not continue.

#### **Competition Method for all Junior Categories – Six (6) or more athletes**

The standard (“true”) Double Elimination System with winner’s and loser’s brackets will be used. The winner of the loser’s bracket will compete against the winner of the winner’s bracket for 1<sup>st</sup> and 2<sup>nd</sup> place. The first one of these two contestants to have two (2) losses will be placed second; the other will be placed first. The loser of the loser’s bracket will be placed 3<sup>rd</sup>. Only one bronze medal will be awarded.

#### **Competition Method for all Seniors, Brown Belt, Veterans and VI Categories – Six (6) or more athletes:**

Categories having six (6) competitors or greater: Knockout System with Double Repechage (some-times referred to as Crossover Repechage). Players are divided into two pools, A and B which are further subdivided into A1, A2, B1, B2. Determination of 1<sup>st</sup> and 2<sup>nd</sup> place: The “Knockout” (single elimination) system is then used to produce two finalists, one from pool A, the other from pool B, who will compete for 1<sup>st</sup> and 2<sup>nd</sup> place. Determination of 3<sup>rd</sup> – 5<sup>th</sup> place: All contestants who were defeated by the winners of pools A1, A2, B1, and B2 (semi-finalists) will take part



in the repechage of their respective pools in the order in which they were defeated. i.e., for pool A1, the loser from Round 1 will meet the loser from Round 2; the winner of that match will meet the loser from Round 3, etc. The winner of repechage pool A1 will meet the winner of repechage pool A2; similarly, for B1 and B2. The winner of the repechage pool A will meet the loser of the semi-final of knockout pool B. The winner of repechage pool B will meet the loser of the semi-final of knockout pool A. The winners (2) are placed 3<sup>rd</sup>, the losers (2) are placed 5<sup>th</sup>.

### **Competition Method for ALL categories with Five (5) or less athletes:**

Categories having five (5) Competitors or less: Round Robin Pool. The order of finish is determined by number of wins, then, if tied, by total points. If tied in wins and points, the winner of the head-to-head competition between the two who are still tied determines the winner. If three or more are still tied in wins and points for any place (first, second, or third), those contestants involved must contest again to determine the order of finish. Points are given to the winner only and shall be based on the highest single score of the winner, after factoring out scores that cancel out each other. Point values are Ippon= 10, Waza-ari= 1, win by shido = 0. If a contestant withdraws from a division prior to beginning his or her final match, the results of all that person's previous matches shall be discarded. Osaekomi during golden score will be allowed to continue until time expires.

#### Round Robin Clarification:

- If Athlete A pulls out before finishing competition against other athletes in the category and does not go out onto the mat, all points won or lost associated with Athlete A are removed. No medal is awarded to Athlete A
- If Athlete A cannot finish competing due to an injury but goes out onto the mat (field of play), then Athlete B wins and is awarded ippon points. Athlete A receives 0 points.
- If Athlete A, who did not finish competing due to an injury, but went out onto the mat, they are eligible to medal.

**Seeding:** Senior Shiai only: The top eight athletes on the USA Judo Senior National Roster, who are in attendance, will be seeded, provided that they are ranked at A through D levels as follows: A (or B) side: #1 and #8 in one half, #5 and #4 in the other half. B (or A) side: #2 and #7 in one half; and #6 and #3 in the other half. A higher seeded athlete will always receive a bye before a lower seeded athlete.

Athletes having the same State (Group B) affiliation will be placed as far apart in the bracket as possible. Seeded athletes lose their State/Club affiliation for purposes of the draw, i.e., two athletes from the same state or club may meet in the first round if one is a seeded athlete.

### **Senior, Brown Belt and Senior Novice Shiai Rules:**

Match Length: Four minutes/no golden score limit

### **Visually Impaired:**

The Visually Impaired Championships will be conducted in accordance with the Contest Rules, Organization Code and Sporting Code of the International Blind Sports Association.

Match Length: Four minutes/no golden score limit

### **Veterans Category:**

The Veterans category will be conducted in accordance with the Contest Rules, Organization Code and Sporting Code of the International Judo Federation with the exception of match length:

Match Lengths:

- M/F1-M6/F6: Three minute with two-minute golden score
- M7/F7 & above: Two minute with one-minute golden score

Veterans may compete in only one weight division. Actual weight will be used to determine category

A meeting will be held Saturday at the venue for all Veterans competitors. At this time uncontested divisions may be combined with others. Points/medals will only be awarded for actual/true categories. All competitors must be present for a division to be combined.

### **Junior Categories (Regular and Novice):**

Match Lengths:

- All Bantam 3 minutes/2 minutes golden score
- Intermediate & Juvenile 3 minutes/no golden score limit
- Cadet & IJF 4 minutes/no golden score limit

### **Shime-waza and Kansetsu-waza**

- Shime-waza allowed only in:
  - Regular juvenile, cadet, IJF, senior elite, brown belt, veterans and VI categories
- Kansetsu-waza allowed only in:
  - Regular cadet, IJF, senior elite, brown belt, veterans and VI categories

### **JUDO GI**

For all categories, regardless of age, blue and white gi requirement is mandatory. IJF approved labeled gi's are not required but fit must meet IJF standards. Back patches are not required.

### **AWARDS**

Athletes must wear either a clean full white judo gi or full team sweats on the awards podium. No additional items may be taken/worn on the podium (flags, hats, pictures, flowers, stuffed animals, etc.).

### **EVENT TEAM AWARDS**

Teams will be awarded points for the following:

1. Regular Categories
  - a. 1<sup>st</sup> place 5 points
  - b. 2<sup>nd</sup> place 3 points
  - c. 3<sup>rd</sup> place 1 point
2. Novice Categories
  - a. 1<sup>st</sup> place 3 points
  - b. 2<sup>nd</sup> place 2 points
  - c. 3<sup>rd</sup> place 1 point

The team with the most points at the conclusion of the event will be named Team Champion for the 2021 National Presidents Cup Championships.

Criteria:

1. Athletes must declare their USA Judo club no later than 8:00pm CT on Friday November 19.
2. Athlete must be affiliated with the club during the previous 30 days to the event registration close. If previously unaffiliated, they may affiliate with a club within 30 days of the event registration close.
3. Awards will be presented to the top three teams.

## **ANNUAL USA JUDO TEAM AWARD**

- Totals will be comprised from the 2021 Youth National, Senior Nationals, Junior Olympics, and Presidents Cup Championships.
- The award will be engraved with the winning team's name.
- The award will be presented to the winning team at the 2022 Youth Nationals.

## **MINOR ATHLETE ABUSE PREVENTION POLICY (MAAPP)**

USA Judo defines "regular contact with minors" as meaningful or direct contact or oversight with minors that would be considered frequent, repeated or consistent. By way of example, an adult who will often assist with coaching/leading classes including minors would be considered "regular contact" with minors and is required to complete the SafeSport Online Training/Certification Course. An adult who may "drop in" to coach and/or practice with minors on occasion would not be considered frequent, repeated or consistent and would not need to complete the SafeSport Online Training/Certification Course. In the spirit of the moral code of judo, USA Judo requires adult members to self-certify whether or not they considered having "regular contact" with minors based on the aforementioned description. If an adult member is unsure whether or not they have "regular contact" with minors, USA Judo encourages those individuals (and their clubs) to err on the side of caution and complete the SafeSport Training and Certification. USA Judo, in cooperation with USA Judo Clubs, has the right to randomly review and assess members who may have regular contact with minors and require compliance if/when considered necessary by USA Judo Leadership. The USA Judo SafeSport Handbook can be found at [www.usjudo.org](http://www.usjudo.org).

## **NOTICE OF POSSIBLE TESTING FOR BANNED SUBSTANCES**

Senior and Visually Impaired Shiai only: Testing, in accordance with the Anti-Doping Rules and Procedures of the International Judo Federation, U.S. Olympic Committee, and the United States Anti-Doping Agency (USADA), may be conducted to determine whether an athlete is utilizing a substance forbidden by the International Olympic Committee. As an athlete, before taking any medication or supplement, it is your responsibility to find out if any substance in the product is prohibited or restricted. You may call the Drug Reference Hotline at 1.800.233.0393. If you prefer, you can send your correspondence and inquiries to: United States Anti-Doping Agency; 5555 Tech Center Dr, Suite 200, Colorado Springs, CO 80919. Other useful information can be found by visiting USADA's website: [www.usada.org](http://www.usada.org).