The Amateur Sports Act of 1978, passed by the United States Congress provided the authority for each sport to have its own governing body. USA Judo was organized as the National Governing Body (NGB) for Judo in the United States. The existing amateur judo sports organizations USJA and USJF were both made group A members of USA Judo at that time. USA Judo is a member of the United States Olympic Committee, the Pan American Judo Confederation, and the International Judo Federation.

A sanction is primarily a mechanism of identifying that an event is covered by insurance. The sanctioning program is designed to:
1) Provide liability insurance for the event.
2) Verify membership of athletes participating in Judo and Brazilian Jujitsu events.
3) Provide minimum standards for conducting an event. This document describes the sanctioning program, and gives details of how to apply for, obtain, and fulfill the obligations of a sanction.

Who Sanctons Judo/Brazilian Jujitsu Events?
In addition to individual and “at-large” members, USA Judo is composed of the following member “Groups” or organizations:
1) Group A: United States Judo Federation (USJF), United States Judo Association (USJA), American Judo & Jujitsu Federation (AJJF) and American Traditional Jujutsu Association-Judo Division (ATJA).
2) Group B: These are the State Governing Bodies (SGB) for Judo in each State and the District of Columbia. Most states have an active Group B organization. The SGB’s govern Judo on the State level under USA Judo’s guidance.
3) Group C: Organizations which conduct National Sport Programs. Examples are the National Collegiate Judo Association and Washington State Interscholastic Judo Association.
4) USA Judo organizes and sanctions National Championships and other National and International Judo events, many of which are used as partial criteria for selection of teams which represent the United States in events like the Senior World Championships, Junior and Cadet World Championships, the Pan American Games, the Olympic Games and Paralympic Games. Only members of USA Judo are eligible to participate in such events. Currently these events are the Senior National Judo Championships, National Junior Olympic Judo Championships, National Presidents Cup, and Youth National Championships which may select teams to represent the United States in international competition. In general, events open to USA Judo members only are:
A. Events funded wholly or in part through the United States Olympic Committee or special funding.
B. USA Judo National events as mentioned above
C. Point tournaments (must be a current member of USA Judo to receive points and be placed on the national roster)

Other organizations, including those identified as Group A members also have authority to issue sanctions and do so for local, statewide, and regional events.

Terms and Conditions for Sanctioned Events

This administrative body issues sanctions for Judo and BJJ events. A sanction is a confirmation that insurance applies. USA Judo sanctioning representatives are not able to attend all individual tournaments and clinics. Therefore, USA Judo cannot assume the function of directing, policing, or overseeing the individual operations and procedures of these events. It is understood that each tournament and clinic site is different and presents unique problems concerning administration, officiating, mats, equipment, competitors, or divisions, etc. However, the Tournament or Clinic director, in return for being awarded the sanction, agrees to abide by these terms and conditions to the fullest extent possible.

1. All USA Judo Sanctions will be awarded ONLY for judo and jujitsu (BJJ) disciplines.

Sanctions will only be issued for Judo and BJJ events. Events that combine other Martial Arts Competition in the same venue shall not be sanctioned. This insurance coverage available to the individuals, club, and event organizers is limited to the sport of Judo and BJJ.

2. All Sanctioned events will be open to members of USA Judo.

All events sanctioned by USA Judo will be open to members of USA Judo.

A. Due to agreements in place between USA Judo, USJF and USJA, with respect to any sanctioned event by USA Judo, USJF or USJA, any event sanctioned by any of these three entities will be open to members of USA Judo, USJF or USJA. In such events a current membership card for proof of registration from USA Judo, USJF and USJA will be required to participate and must be displayed to the registration personnel at the time that the contestant registers. If an individual cannot produce their current membership card or proof of current membership, they must purchase membership in USA Judo, USJF, or USJA in order to participate. When the application for membership and appropriate fees are submitted to the respective National Office, and if prior membership is confirmed, the individual’s membership fee will be refunded to them. Otherwise, the application and fee will be processed and a new membership card will be issued.

B. Due to the agreement in place between USA Judo, ATJA (American Traditional Jujitsu Association- Judo Division) and AJJF (American Judo and Jujitsu Federation) any event sanctioned by USA Judo will be open to USJA, USJF, ATJA and AJJF members. In such events a current membership card for proof of registration from USA Judo, USJA, USJF, ATJA or AJJF will be required to participate and must be displayed to the registration personnel at the time that the contestant registers. If an
individual cannot produce their current membership card or proof of current membership, they must purchase membership in USA Judo, USJF, USJA, ATJA or AJJF in order to participate.

When the application for membership and appropriate fees are submitted to the respective National Office, and if prior membership is confirmed, the individual's membership fee will be refunded to them. Otherwise, the application and fee will be processed and a new membership card will be issued.

C. Participants must be a member of USA Judo to participate in the Youth National Championships, Senior National Championships, NCJA Collegiate Nationals, National Junior Olympic Championships, the National Presidents Cup and Military & Police Forces Championships, and all other events conducted under an international sanction.

3. All Participants must be registered members.

All U.S. participants must be members of USA Judo, or be a member of an organization that USA Judo has entered into an open tournament agreement. If your event is open to foreign participants, they must be members of their National Governing Body (NGB) for Judo as recognized by the International Judo Federation (IJF). All U.S. participants must have membership insurance regardless of membership type, in effect with their parent Judo organization which includes a minimum limit of $25,000.00 in excess accident medical benefits. THIS IS AN INSURANCE COMPANY REQUIREMENT AND FAILURE TO COMPLY MAY AFFECT THE LIABILITY INSURANCE COVERAGE FOR THIS EVENT AND YOU'RE RIGHT TO OBTAIN FUTURE SANCTIONS.

Procedures must be established to check that each participant is a member of a judo organization having insurance coverage that has been approved by USA Judo. Participants will be allowed to register as a member of USA Judo prior to the start of any sanctioned event. These membership registrations will be covered by excess accident medical insurance for Judo/BJJ. The official conducting the event must send all new USA Judo memberships to the national office within FIVE days of the completion of the event. This is important to confirm insurance coverage. No membership registration may be taken once registrations have closed. A tournament official must verify that all membership registration procedures are followed for any new membership issued at the event.

4. Properly Designed Entry Form

A properly designed entry form must be used. The entry form must contain at a minimum:

- Adequate space for participant’s personal information.
- Ability to record verification of current membership and insurance.
- Categories of competition (Junior, Senior, Masters, Team, Shiai, Kata, etc.) including eligibility requirements for each category.
- Membership type accepted (USA Judo, USJA, USJF, ATJA and AJJF).
- Divisions within each category: age, age-weight, weight only, skill level (white, brown, black belts etc.). If divisions are to be combined or split up based on the age and or weight range of the entrants, state this in a prominent place.

- Waiver form that at a minimum lists USA Judo.

- The elimination system to used (Single, Double, Modified Double, Repechage, Double-Repechage, Pool etc.).

- The schedule of events, including registration, weigh-in, roll call, and competition times.

- Any IJF or USA Judo rules that are modified for local or regional competition.

- Any BJJ rules that are modified for local or regional competition.

- Sanction number (s) and name (s) of the organization (s) issuing the sanction.

5. **SafeSport Policy/Minor Athlete Abuse Prevention Policy**

Event directors are required to post and notify all adults of the following policy:

I, a prospective or current member/licensee/participant of USA Judo or USA Judo event agree to abide by and be bound by the applicable USA Judo Bylaws, Code of Conduct, competition rules and the SafeSport rules, policies and procedures promulgated by the U.S. Center for SafeSport as they may be amended from time to time. I agree to be subject to the jurisdiction of the U. S. Center for SafeSport and agree that any sanctions imposed by the Center extend to my participation in all USA Judo events or activities and may be posted publicly and include information regarding the misconduct involved. The USA Judo SafeSport Handbook can be found at www.usjudo.org.

USA Judo defines “regular contact with minors” as meaningful or direct contact or oversight with minors that would be considered frequent, repeated or consistent. By way of example, an adult who will often assist with coaching/leading classes including minors would be considered “regular contact” with minors and is required to complete the SafeSport Online Training/Certification Course.

An adult who may “drop in” to coach and/or practice with minors on occasion would not be considered frequent, repeated or consistent and would not need to complete the SafeSport Online Training/Certification Course. In the spirit of the moral code of judo, USA Judo requires adult members to self-certify whether or not they considered having “regular contact” with minors based on the aforementioned description. If an adult member is unsure whether or not they have “regular contact” with minors, USA Judo encourages those individuals (and their clubs) to err on the side of caution and complete the SafeSport Training and Certification. USA Judo, in cooperation with USA Judo Clubs, as the right to randomly review and assess members who may have regular contact with minors and require compliance if/when considered necessary by USA Judo Leadership. The USA Judo SafeSport Handbook can be found at www.usjudo.org.
6. **Warning, Waiver and Release of Liability Clause**

The standard release approved by USA Judo, and its insurance company must be signed by all participants. This release may be made part of the tournament entry form or it can be signed separately. In the case of minors, it must additionally be signed by their parents or legal guardians.

Our insurance company requires the Tournament or Clinic Director to retain the signed release for 5 years after the completion of the event and if necessary, provide the insurance company with this document in the event of a participant injury claim resulting in a suit against the insured(s). If the event is open belt competition, i.e. weight class only, the entry form should require a black belt coach’s certification. USA Judo must be included on all waiver forms.

7. **Contest Rules of the International Judo federation (IJF) or BJJ are to be followed for all sanctioned events.**

This is required by the IJF and BJJ. If there are any rules, planned deviations or exceptions to the standard rules other than for unique safety considerations at local events, they must be approved prior to the date of the event.

NOTE for Judo: Please see rules regarding Shime waza (chokes) and Kansetsu waza (armbars) in the “Shime- and Kansetsu-Waza Age Limits” section of this document.

8. **Adequate mats should be provided**

Regulation size contest area should be used. If sufficient mats are not available, then the smaller competition area can be used for junior competition. The mats should be firm under foot, have property of absorbing sufficient shock, and have a surface that is non/binding and free of folds and gaps. All mats should be inspected before competition or practice begins. For more information regarding mats see the section titled, “Mat/Safety Area Dimension”.

9. **Adequate emergency medical facilities and personnel should be provided.**

A medical doctor or other certified first aid personnel should be in attendance at all tournaments. A medical area with emergency supplies and ice must also be provided. The telephone number of the local ambulance service and the location of the nearest hospital should be known.

10. **Qualified mat officials should be used.**

USA Judo certified referees should be used on every mat. If a sufficient number of certified referees are not available, then one certified referee should be assigned to supervise each mat area.

11. **Additional equipment and facilities.**

The following additional equipment and facilities are recommended for all tournaments: Each contest should be equipped with scoreboards that are visible to the spectators facing the scoring tables, stopwatches for both contact time and Osae-Komi, gongs or bean bags
for indicating ending time, and blue and white belts (sashes) for the competitors, if blue and white gi is not required. It is recommended that for senior level categories, a blue and white gi is mandatory. A suitable head table and public address systems should be available. Every attempt should be made to create a restricted area for the competition. A restricted area(s) is that area limited to players, officials and other authorized personnel. The general public should be restricted from this area.

12. Minimum standards

These guidelines are established as minimum standards. Any action taken by the Tournament Director to improve or enhance the quality of the tournament and provide a greater level of safety for the participants and spectators is highly encouraged.

13. Tournament report

Within FIVE days after the competition of the event, a report should be filed with the Sanctioning Authorities. This report shall include the “Report of Sanction Event” form as well as copies of the “Injury Report” form with a copy of the entry form, and waiver and release form for each injured person. The event director is required to keep all copies of participant’s entry forms and signed waivers for no less than five (5) years. Failure to follow this procedure could jeopardize future sanctions and may result in increased future sanction fees.

14. Forwarding of Membership registrations and Payments

Within FIVE days after the completion of the event, all membership registration forms and money collected should be forwarded to USA Judo’s National Office.

Address for submitting sanction application

<table>
<thead>
<tr>
<th>USA Judo</th>
<th>Fees:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Olympic Plaza</td>
<td>Non-USA Judo point event: $75.00</td>
</tr>
<tr>
<td>Colorado Springs, CO 80909</td>
<td>USA Judo Junior or Senior Point event: $450.00</td>
</tr>
</tbody>
</table>

Requirements & Application Procedures for Obtaining a Sanction

National and International Events:

USA Judo, the National Governing Body for Judo in the United States, issues sanction for national and international events. The events are held under IJF and BJJ rules, with limited modifications granted for Junior and Veteran Judo Categories. Only the National Governing Body and State Governing Bodies (SGB) may host these events. SGB’s wishing to host this type of event must present a “bid” proposal to USA Judo giving details of their plans. Once USA Judo grants the SGB the right to host a National or International event, the SGB must enter into a contractual agreement with USA Judo and apply for a sanction.

Local/State/Regional Events:

USA Judo, SGB’s, issue sanctions for local, state and regional events held in their jurisdiction.
Application for Sanction from USA Judo and SGB:

Only registered judo or jujitsu clubs may apply for a sanction. To receive a sanction, a properly completed and signed Application for Sanction, draft copy of the entry form, draft copy of the general information sheet, draft copy of the waiver and release form, and appropriate administrative fee, must be submitted at least thirty days prior to the event. The entry form, the general information sheet and the waiver and release form will be reviewed for accuracy, completeness, conflict with the other events, and compliance with all other sanction requirements. If there are problems, the club officials will be informed of any modifications that are required. When the entry form, the general information sheet, and the waiver and release form are in full compliance with the sanction requirements, the sanction application is properly completed and signed, and appropriate fees are paid a sanction will be issued and liability insurance coverage will be in effect.

The sanction number(s) and name(s) of the sanctioning authorities shall be printed on the entry form when it is distributed to the public. A final copy of the entry form as well as any corrected forms that are distributed to the public must be submitted to each of the sanctioning authorities for their permanent records. The applicant agrees to abide by all the terms and conditions for sanctioned events. These terms and conditions are listed below, and are attached to the sanction application. They will be provided once again to the organizers when the sanction is issued.

Important Policy Points:

- **All sanction applications must be in our national office 10 days before the actual event is held.** All sanctions must be accompanied with a payment for USA Judo sanction (see forms for amounts).
- State organizations in good standing with USA Judo may continue to issue and collect event sanction fees. However, it is the responsibility of the State Organization to have the sanctions in the National Office no later than 30 days prior to the event together with the corresponding national fee.
- Failure to have a sanction form and payment in the National Office no later than 30 days prior to the event will void any insurance coverage of the event, and the State Organization will assume all liabilities associated with this action.
- USA Judo will accept sanction application forms directly from member clubs or other event organizers and will issue the proper sanctions. All sanctioned events by USA Judo will be posted on its website no later than 5 days prior to the event being held.
- The first Certification of Insurance to third parties for sanctioned events can be secured free of charge from the National Office if requested prior to 10 working days of the event. Additional Certificates may be obtained for an additional fee of $10.00 per certificate. If Certificates are requested with less than 10 working days, there will be a charge of $50.00 for processing.

Limited Modifications:

Sanctions may be issued for events which have the following modifications to the IJF rules:
Mat/Safety Area Dimension:

All USA Judo Sanctioned Events except National Championships, and Events with International Participants (see below for more information):

- Allowed for all categories, minimum of 6 x 6 meter competition area.
- A 3-meter safety area for all categories between mats and outside perimeter is required*.

*This is a change from recent years when the safety area distance was 4-meters between mats.

All USA Judo Nationals Championships:

- All categories: competition area must be 8 x 8 meters minimum.
- USA Judo National Championships must have a 4-meter safety area between mats.

Events with International Athlete Participation/International Federation Participation:

- Competition and safety areas for USA Judo Sanctioned Events with international participations will be determined through discussion with event organizers and USA Judo during the sanctioning process.

- Pan American Judo Confederation & International Judo Federation rules will apply for PJC & IJF Sanctioned Events.

Shime- and Kansetsu-Waza Age Limits:

<table>
<thead>
<tr>
<th>Category/Year of Birth (YOB)</th>
<th>Shimewaza (chokes) Allowed</th>
<th>Kansetsu Waza (arm bars) Allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Novice before 2008 YOB</td>
<td>YES</td>
<td>NO</td>
</tr>
<tr>
<td>Novice after 2008 YOB &amp; Juvenile or younger (2007 YOB or earlier)</td>
<td>NO</td>
<td>NO</td>
</tr>
<tr>
<td>Cadet &amp; Older (2004 YOB or earlier)</td>
<td>YES</td>
<td>YES</td>
</tr>
</tbody>
</table>

Please Note: Juniors who elect to enter senior divisions must understand that they do so at their own risk and should be allowed the use of Shime-waza and Kansetsu-waza.

Event Organizers must specify in the sanction application and on the event information sheet if any of the above or other rule changes will be in effect at the event.

Co-Ed Categories

Are allowed for ages up to and including 10 years of age, as of the event date.
Religious Headgear:

As the national governing body for the sport of judo in the United States, USA judo is responsible for the safety of judoka and creating and abiding by rules that protect the safety of competitors to the extent possible.

USA Judo has determined that it will review requests to wear religious headgear during competitions on a case-by-case basis.

The main points of consideration for these requests are as follows:

1) Can the wearing of headgear, religious or any other kind, create a safety issue for the individual wearing the headgear and/or his/her opponent?

2) Does the wearing of the headgear give the person wearing it an unfair advantage or disadvantage?

3) Is the desire to wear headgear by an athlete due to their religious practice(s) or due to the advice of a medical doctor for safety purposes?

If the answer to questions #1 and #2 is “no” as determined by USA Judo, and the answer to question #3 is “yes”, USA Judo will allow the wearing of headgear.

Again, USA Judo will review headgear requests on a case-by-case basis and reserves the right to not allow headgear of any kind if the safety of any athlete may be put into jeopardy by the wearing of headgear or for any reason deemed as detrimental to the sport of judo in the United States.

Questions:
Contact Corinne
Shigemoto USA Judo
719-201-6176
Corinne.shigemoto@usajudo.us

www.usjudo.org
OFFICIAL WEIGH IN PROCEDURES

SCALES
• USA Judo will provide the official digital scales for these Championships. The scales should register in kilograms of weight.

WEIGH-IN
• During Unofficial Weigh-In’s, ALL scales will be designated as PRACTICE SCALES
• During Official Weigh-In’s, scales will be designated as OFFICIAL SCALE and UNOFFICIAL SCALE in each room.
• Determination of OFFICIAL SCALES: The scale that registers the lowest weight will be chosen as OFFICIAL SCALE
• The scales will be available at the tournament headquarters 24 hours prior to official weigh-ins
• During Official Weigh-In, NO one is allowed on the official scale unless they are officially weighing in for their divisions

PROTOCOLS
General Protocols for all Weigh-In’s:
• Players presenting themselves for weigh-in may undress down to:
  ➢ For males, briefs or boxer shorts, t-shirts, bathing suits
  ➢ For females, bathing suits, under pants and bra and/or tee-shirt/leotards
  ➢ Naked weigh in is NOT ALLOWED*
  *to compensate, an additional .1kg will be allowed, i.e., for the 44kg weight, the limit will be 44.1. This is a clothing allowance only and the 0.1kg will only be added to the true weight.

• The scale must register a static standing weight.
• Once a player steps onto the scale, a weight must be registered.
• A player may not step off the scale until a weight is registered.
• A player may stay on the scale for a reasonable amount of time.
• All players, even if they are in the heavy weight divisions must register a weight.
• Staff/volunteer must ensure that the scale registers zero weight before the player gets on the scale.
• No one may touch an athlete while an athlete is weighing in, i.e.; lift hair, etc. The athlete must stand alone with no contact with any person or object such as a table, furniture, etc.
• For point events, players must weigh in within the official category and are not allowed to be over the category or under the category. For example; a player weighing 52 kg may weigh 48.1 kg up to 52 kg.
• For non-point events, an athlete may compete in one weight category up.
• After weighing in, the player and/or adult, if athlete is under 12 years of age, must initial next to the weight.
• If a player shows up late to weigh-in, the Tournament Director is to be called.

PERSONNEL
• Male staff and female staff only will be allowed in the appropriate weigh-in rooms or areas
• A minimum of two observers must be present in the weigh in rooms at all times
• Any staff/volunteer assigned to the weigh in rooms must have current SafeSport Certification and clean background screen on file with USA Judo.

The Tournament Committee reserves the right to make all final decisions regarding weigh-ins.