OFFICIAL WEIGH IN PROCEDURES

SCALES
• USA Judo will provide the official digital scales for USA Judo National Championships. The scales should register in kilograms of weight.

WEIGH-IN
• During Unofficial Weigh-In's, ALL scales will be designated as PRACTICE SCALES
• During Official Weigh-In’s, scales will be designated as OFFICIAL SCALE and UNOFFICIAL SCALE in each room.
• Determination of OFFICIAL SCALES: The scale that registers the lowest weight will be chosen as OFFICIAL SCALE
• The scales will be available at the tournament headquarters 24 hours prior to official weigh-ins
• During Official Weigh-In, NO one is allowed on the official scale unless they are officially weighing in for their divisions

PROTOCOLS
General Protocols for all Weigh-In’s:
• Players presenting themselves for weigh-in may undress down to:
  ➢ For males, briefs or boxer shorts, t-shirts, bathing suits
  ➢ For females, bathing suits, under pants and bra and/or tee-shirt/leotards
  ➢ Naked weigh in is NOT ALLOWED*

  *to compensate, an additional .1kg will be allowed, i.e., for the 44kg weight, the limit will be 44.1. This is a clothing allowance only and the 0.1kg will only be added to the true weight.

• The scale must register a static standing weight.
• Once a player steps onto the scale, a weight must be registered.
• A player may not step off the scale until a weight is registered.
• A player may stay on the scale for a reasonable amount of time.
• All players, even if they are in the heavy weight divisions must register a weight.
• Staff/volunteer must ensure that the scale registers zero weight before the player gets on the scale.
• No one may touch an athlete while an athlete is weighing in, i.e.; lift hair, etc. The athlete must stand alone with no contact with any person or object such as a table, furniture, etc.
• For point events, players must weigh in within the official category and are not allowed to be over the category or under the category. For example; a player weighing 52 kg may weigh 48.1 kg up to 52 kg.
• After weighing in, the player and/or adult, if athlete is under 12 years of age, must initial next to the weight.
• If a player shows up late to weigh-in, the Tournament Director is to be called.

PERSONNEL
• Male staff and female staff only will be allowed in the appropriate weigh-in rooms or areas
• A minimum of two observers must be present in the weigh in rooms at all times
• A minimum of one volunteer/referee must serve in a supervisory position in each room that has current SafeSport Certification and clean background screen on file with USA Judo.

The Tournament Committee reserves the right to make all final decisions regarding weigh-ins.

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